



VERSACLIMBER 108 SRM

VERSACLIMBER

**A SUPERIOR TOTAL BODY CARDIO & STRENGTH
MACHINE WITH REHAB FEATURES**

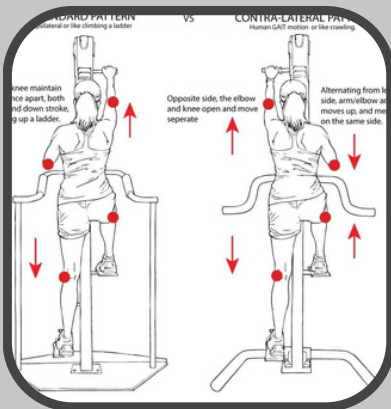


- USED BY ELITE ATHLETES AROUND THE WORLD

NO MATTER WHICH SPORT, THE ELITES ARE USING VERSACLIMBER TO GIVE THEM THE EDGE. TENNIS LEGEND **ANDY MURRAY** USED VERSACLIMBER TO SUPPORT HIS RECOVERY IN 'RESURFACING', AND **LEBRON JAMES** FAMOUSLY CALLED IT HIS 'GIRLFRIEND'

- CLIMBING WORKS MORE MUSCLE GROUPS THAN ANY OTHER ACTIVITY

CLIMBING IS THE TOUGHEST WORKOUT POSSIBLE - IT RECRUITS MORE MUSCLES AND BURNS MORE CALORIES THAN ANYTHING ELSE. 20 MINUTES ON A VERSACLIMBER CAN BURN OVER 500 CALORIES. **THIS IMAGE SHOWS A 1,000 CALORIE BURN IN JUST OVER 37 MINUTES**



- CONTRA-LATERAL MOVEMENT PATTERN

THIS MOVEMENT IS ALSO KNOWN AS THE GAIT PATTERN, (MOVEMENTS WE DEVELOP FROM CRAWLING TO WALKING AND RUNNING). VERSACLIMBER REQUIRES THE USER TO GENERATE FORCES ACROSS THE BODY. THIS STRENGTHENS PARA-SPINAL MUSCLES TO BUILD 'CORE STRENGTH'

- MULTI-FUNCTION CONSOLE

THE 108 SRM HAS A COMPUTER CONSOLE WHICH DISPLAYS YOUR WORKOUT DATA INCLUDING CALORIES BURNED, HEART RATE, TIME, DISTANCE, PACE. CHALLENGE YOURSELF TO CLIMB A MONUMENT OR RACE AGAINST A VIRTUAL COMPETITOR





REHABILITATION FEATURES



LEG ISOLATION

THE 108 SRM IS EQUIPPED WITH A LEG ISOLATION BAR WHICH HAS 9 HEIGHT SETTINGS TO ACCOMMODATE USERS OF ANY HEIGHT. EACH REMOVABLE FOOTREST HAS A VELCRO STRAP FOR SAFETY AND COMFORT

ADJUSTABLE SEAT

THE ADDITION OF A QUICK RELEASE SEAT MEANS THE MACHINE IS FULLY LOAD-BEARING. THE SEAT HAS 10 HEIGHT OPTIONS AND CAN BE ADJUSTED CLOSER TO, OR FURTHER AWAY FROM THE MAIN SHAFT



R.O.M. LIMITERS

THE FOOT PEDALS HAVE AN EASILY REMOVABLE PIN TO LIMIT THEIR RANGE OF MOTION, REDUCING THE RISK OF INJURY DURING USE. THIS MACHINE ALSO HAS STEP HEIGHT LIMITER OPTIONS



VERSACLIMBER

"It's all the fitness you need!"

